



3R Chan Chin Yu

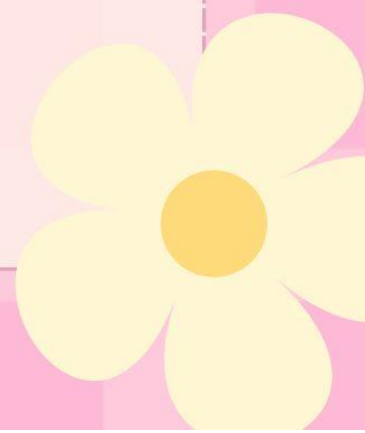


My favourite hobby

My favourite hobby is gymnastics. I started doing gymnastics when I was three years old. Doing cartwheels was my favourite move when I was young, but now I love doing more challenging skills.

I attend gymnastics training sessions with my squad teammates every Monday, Tuesday, Thursday, Friday and Sunday. I like wearing the sharp-coloured and sparkling leotards to perform back tags, side aerials and cast to handstands.

My second favourite hobby is running. I go running with my squad teammates every Sunday. I didn't like it at first, but now I enjoy it. Furthermore, I realize that running helps improve my physical fitness and prevents injuries from gymnastics training. Doing exercise is good for our health.





3R Chat Yat Hin

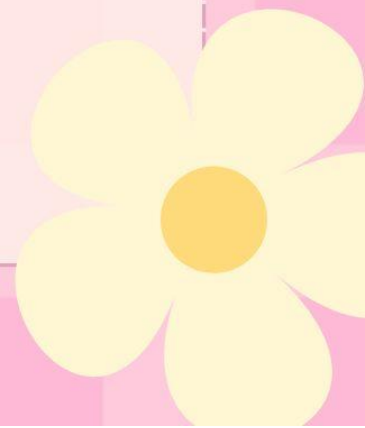


Hobbies

My hobbies are football and playing the viola. I like playing football with my dad and mum, we usually play football on Sundays at the park. I need a pair of trainers and a football. I learn to cooperate with others when playing football.

I enjoy playing the viola with my friends. We usually play the viola on Tuesdays at the music centre. I need a bow and a viola. I have learnt to work hard because I'm not very good at it, and if I want to win a music competition, I must work very hard.

In the end, I have also learnt that if I want to get better achievements, I have to try my best even when it is hard.





3R Chau Tsz Him



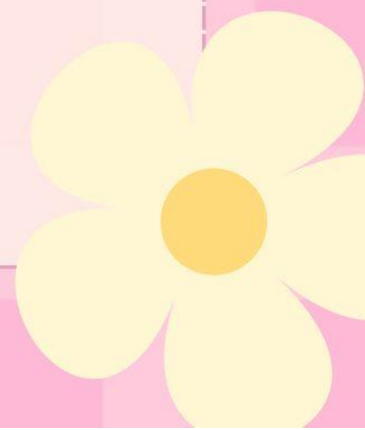
Hobbies

My hobbies are playing basketball and making models. These activities make me happy.

I like playing basketball because it is so fun. Every Sunday, I wear my sports shoes and play basketball with my friends in the playground. Playing basketball teaches me teamwork. When we win the game, we feel excited.

I enjoy making models at home when I am free. I like making robots using tweezers and scissors. Making models can train my patience. When I finish a model, I feel proud of myself.

I like my hobbies because they make my life more interesting. I will keep playing basketball and making models.





3R Cheung Wing Kuen

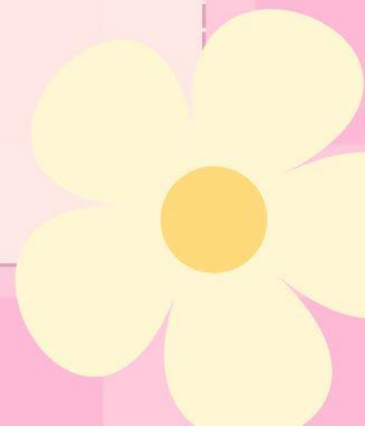


Hobbies

My favourite hobbies are table tennis and basketball. I always play table tennis with my dad and sometimes with my friends. My neighbours and I often form a team to play basketball.

I usually have my table tennis training six times a week in the stadium. It lasts for an hour per lesson. Also, I play basketball three times a week on an outdoor basketball court. It makes me sweaty!

I love to have a challenge, and that's why I am eager to join some competitions. However, I may win or lose, but sports would let me learn sportsmanship and perseverance. Let's fight!





3R Fong Yat Lok

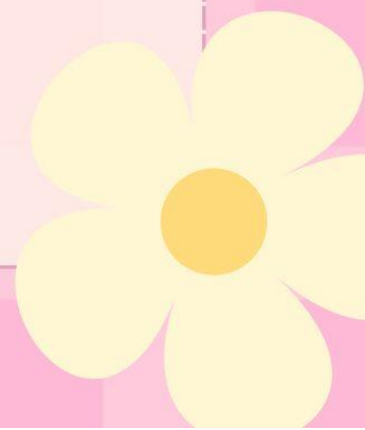


My hobbies

My hobbies are painting and cycling. I started painting when I was four years old. I spend a lot of time painting with my mum. I create many artworks with a paintbrush and a palette.

On holiday, I go cycling with my cousin. The route starts from Hang Hau. We ride along the Tseung Kwan O South Waterfront Promenade. The view is so beautiful. My father always reminds me to ride safely. Therefore, I put on a helmet, an elbow pad and a knee pad every time.

I have learnt that we should be well prepared for doing hobbies. Then we can have fun and stay safe.





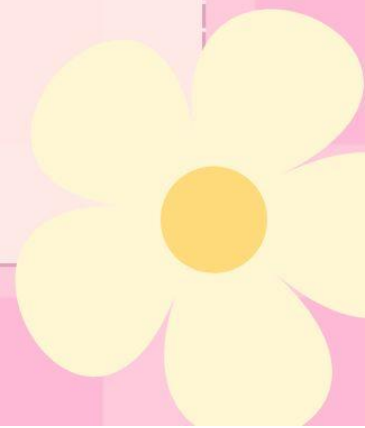
3R Fong Yat Lok



My summer holiday

Hello! I'm going to talk about my summer holiday. Mum and Dad told me that we are going to spend the holiday in China. The trip is about three days.

Mom and Dad are going to China with me. I need to bring a suitcase. We are going to the shopping centre. It is going to be an amazing summer holiday.





3R Ko Tsz Yui

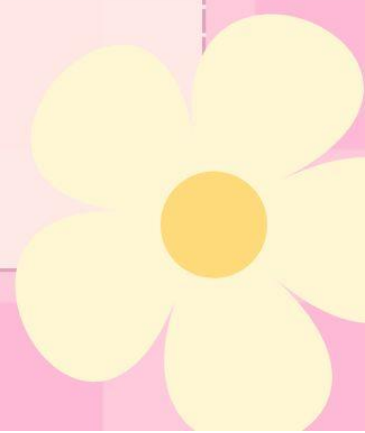


My hobbies

One of my hobbies is playing football. I have a football training lesson from five thirty to six forty-five every Friday afternoon. My dad drives me to the football pitch. I need football boots to play football. I have learnt a lot of football techniques. Also, I think teamwork is the important key to win the game.

I have another hobby. It is playing drums. I have a drum lesson from four o'clock to five o'clock every Sunday afternoon. I need a pair of drumsticks and drum notation to play drums. My tutor would play drums with me together. I have learnt a lot of skills in playing drums. After playing drums, my sense of rhythm has improved a lot.

I like both hobbies. I would keep learning and improving my skills.





3R Lee Yi Hei



Hobbies

My hobbies are swimming and singing. Now, let me tell you about them.

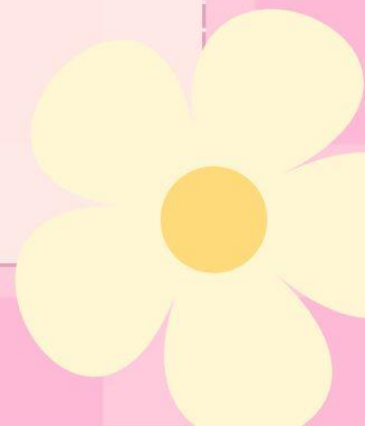
Frist, I will tell you who will be with me when I do my hobbies. In swimming lessons, I swim with my coach and my classmates. We all do well in our lessons. During my choir practice, I sing with my groupmates. In my opinion, we sing as beautifully as a CD player.

In swimming classes, I need goggles since I hate water getting into my eyes. Furthermore, I need a swimming cap in order to keep my hair tidy.

My choir teacher said, "You should bring a water bottle, make sure you stay hydrated. Next, use a file to keep your music scores safe... (a few more things). These are her reminders.

I have learnt one common thing in both swimming and singing. It is breathing in the correct time. Otherwise, you may find yourself drowning.

Even I have other hobbies, these two are still my favorite hobbies in my mind. I hope you will enjoy your hobbies too.





3R Lee Yi Hei



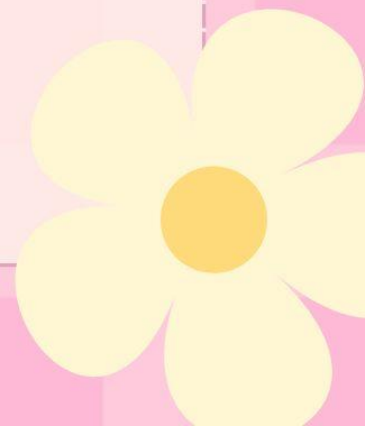
My summer holiday

Hello! I'm going to talk about my summer holiday. Mom and Dad told me that we are going to The Peak.

Mom and Dad are going to The Peak with me. I need to bring a backpack. We are going to have a picnic there. It will be the best summer holiday!

We will be riding The Peak Tram towards The Peak. Then, we will buy a park of bread, a bag of cheese and orange juice. We can find a place where birds are chirping and the flowers smell good.

We are going to prepare some delicious sandwiches and drank orange juice. It is going to be the best summer holiday ever!





3R Lee Yuet Kiu



Hobbies

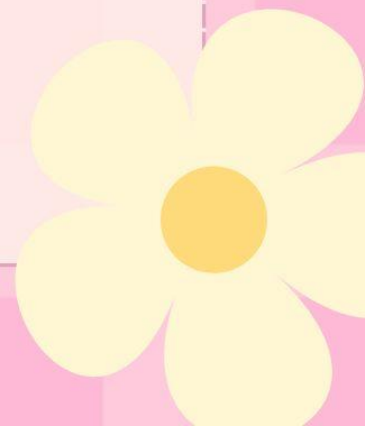
What are my hobbies? Are they roller-skating and swimming? No, they aren't. My hobbies are cycling and hiking.

My parents and my elder brother always go cycling and hiking with me. When I go cycling, I need a pair of elbow pads, knee pads and a helmet.

Also, I need a hiking stick for hiking.

I have learnt that I need to be careful when I go cycling and hiking.

I know that my family loves me so much because they always do the things that I like with me. So, I want to say, 'I love you very much!' to my beloved family.





3R Poon Sin Yi



Hobbies

Everyone has hobbies. As for me, my hobbies are swimming, rope skipping and handcrafting.

Swimming was very difficult for me at the beginning, I spent ten months to learn the four swimming styles. Now I practice four times a week with my teammates in Tseung Kwan O Swimming Pool. I made a big progress last summer! I swim faster and faster and I'm good at breaststroke. Swimming keeps me healthy and I can also make many friends. It is my favourite hobby.

My second hobby is rope skipping. To start this hobby, you just need a rope. There are various fancy styles. I'm still learning them.

My third hobby is handcrafting. I do it almost every day. I can use scrap paper, cardboard or any environment friendly materials to make hard crafts. There are many videos on the Internet showing me how to do it.

To keep a good hobby, we need to have a strong will to keep practicing. Practice makes perfect.

