

My Leadership Training Camp

February 11th and 12th was our school's leadership training camp day. All of our P.6 students were so excited on that day. We took the tour bus from school to the JPC Leadership Training Camp.

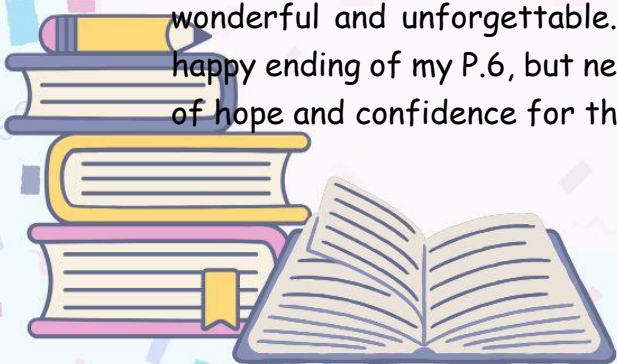
First, when we got there, we had a foot drill. Although the training was hard, we still thought it was very interesting. Then we went to the barrack's room to put down our backpacks. And we selected our room and tidied our own pillows and bed sheets. After that we gathered at the playground and went to the "silent canteen" for our lunch. After meal, we all had to wash the dishes by ourselves.

After a short break, we started to play a variety of activities, including finger print workshop, laser gun experience and adventure activities. Those activities were all new to me! I was so excited! Finally, we had dinner in the "silent canteen" again. But this was not the end of the day, our happy time were about to begin. After a delicious dinner, we gathered at the playground for a fire party. This activity was wonderful and it really made me feel relaxed a lot! We could sing and dance if we liked. We could choose our favourite songs to listen too. Finishing the fire party, we returned to the barrack's room to rest. That was the end of the first day.

The next morning, we woke up very early and started the rich and wonderful program again. We played the emergency response game. The rules of the game was that used the walkie - talkie to communicate with the commander and explain our current situation. In addition, we also had a foot drill training again and flag-raising ceremony. After that, we had a rich breakfast in the "silent canteen".

Unfortunately, the weather was not as expected. It rained outside and we couldn't play outdoor games. It was a bit disappointed. Then, we played a lot of cooperative games. Those games not only allowed me to learn how to cooperate with others, but also had fun too. Although we couldn't play outdoor games, we still played happily.

At the end, it was time to pack up our luggage. We had our last meal in the "silent canteen" and we completed the graduation ceremony. We reluctantly left with our classmates. This Leadership Training Camp was so wonderful and unforgettable. It was so meaningful to me, it meant the happy ending of my P.6, but new start to my secondary school life. I am full of hope and confidence for the future.





6R Chan Kin Hei

My Leadership Training Camp

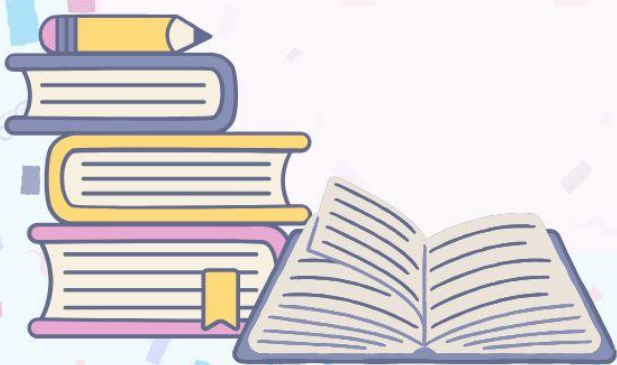
I went to an unforgettable overnight camp from 11th February to 12th February at JPC Pat Heung. Let me share my experience in there.

On the first day, we gathered at nine o'clock in the morning at school. We took the coach to there. We started the warm-up game after we arrived. The first game was rope climbing. We needed to use our physical strength to climb up. I was exhausted, but it was so exciting. We had lunch in the cafeteria. My classmates helped us pour the dishes. I was full. After several rounds of game including table tennis transfer, red light, green light, we had dinner in the cafeteria. I had more energy to more around.

After that, we headed to an open area for the campfire. We danced and sang around the fire. The atmosphere was joyful. I would remember this wonderful night forever.

On the second day, we had a role play game after the breakfast. We asked other's personal information in a call as a policeman. It was fun! Next, we had lunch and went back home.

This camping trip is memorable! I can't wait to experience something meaningful with my dear teachers and classmates next time!



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So, from the 11th of February to the 12th, my class went to the Leadership Training Camp at Pat Heung. At the start of the camp, the officers that worked there made some strict rules for us and we had to give up our phones to them.

At start of the training we had to do some marching and it was exhausting after one hour it was finally over and we were sent to the canteen, there was this slogan that they made "stay Quiet or no eating" it was actually enforced and after eating we had to wash our own dishes.

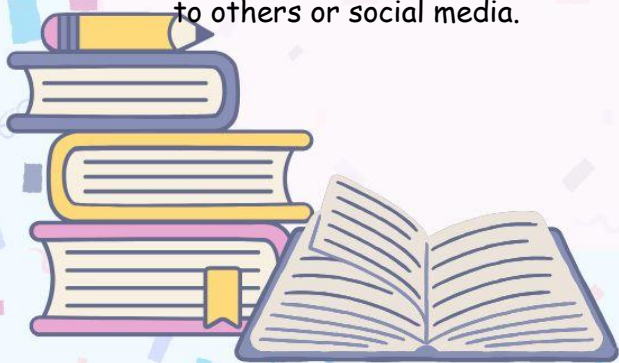
After the bunch we went to go line flying I was extremely horrified of heights but after the experience, I was less scared, after that we went to the Laser shooting range but unfortunately. It was broken so we instead tried to use the fake guns for training, the guns were extremely realistic. After that we went to play a game called crime scene investigator, our teachers played the reporter. It was extremely funny, we also used some police radios. After that we just play some fun games and it was a great evening.

After eating dinner, we went to a campfire and sang songs it was really fun and after the campfire, we went to the indoor hall and we did a Q and A session, it lasted about 30 minutes.

When we were in our dorms we all took Showers and turned the lights off at 11 at night, but we all never actually slept and just pretended to be. When the teacher fell asleep we took turns going to the bathroom and chatting also there was also a student from another class to notify us of our time and monitoring the teacher's sleep. I was pretending to sleep and actually fell asleep.

When I woke up. It was only 5 in the morning, and we did our morning routine and went to the hall to have the flag raising ceremony. After that we went to have breakfast and got back to play some new games, we played dodgeball and some puzzle-solving games. In the afternoon, we ate lunch and we went to the indoor hall and got our phones back, and then the chief instructor gave us a meaningful speech about you should be thankful for your things and enjoy them. After that some Mainland Chinese students came and said goodbye to us, but our bus was late and said goodbye to us, but our bus was late and it was raining heavily and they were standing in the rain but we were standing indoors, so I respect them for their endurance (they were there for 30 minutes) and they were really friendly!

In conclusion, I really liked this camp but the downside is that it's extremely tiring and strict, but overall it was a very enjoyable experience for me and the others, I hope that I can go to these camps again just without the strict part. I've learnt to be a team and Challenged our problem-solving minds. They also made us learn to do basic chores and make places clean, I've also conquered my fear of heights. Overall, I'll rate this camp a 9 out of 10, I'll definitely recommend this to others or social media.





6R Cheung Tsz Yu Shiloh

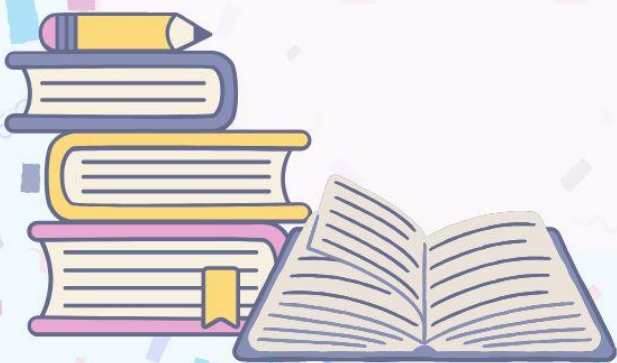
My Leadership Training Camp

A few weeks ago, our teacher took us to the Pat Heung Youth Police Centre. I was in the same room with Effie, Miley, Jovie, Valerie and Haily. That day, we had a lot of fun playing ziplining and various climbing activities.

As night fell, the girls in our class found it difficult to fall asleep, so we decided to play together and share what fun things we had that day.

But since we didn't sleep well the night before we were all very tired the next day, but after having a rich breakfast, we felt energetic and ready for more activities.

When we left, we were all reluctant to go. As soon as we stepped onto the tour bus, exhaustion set in and we all fell asleep, dreaming about our adventures.





6R Szeto Tsz Ho, Jayden

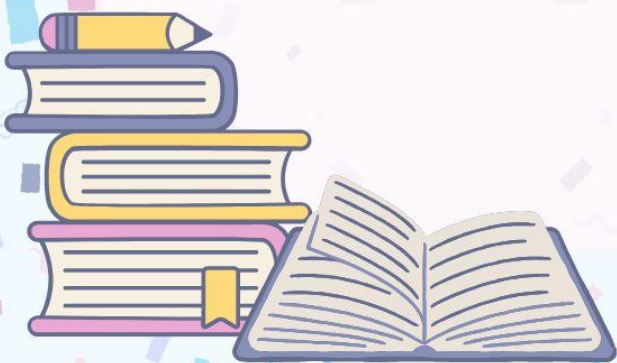
My Leadership Training Camp

In February, I had my Training Camp. It is such an unforgettable memory for me.

On the first day we got there, we had a Chinese army march training. It's kind of tiring, but we still finished training. Afterwards, we had lunch and went for another activity, rope-nets. This activity trains our courage, and I had overcome my fear of height! In the afternoon, we have played different exciting games and joined different activities like trying guns (models) making our fingerprints... all of them are interesting, but the best activity shared be the campfire party. We sang songs and listen performances by the exchange students from Mainland China together. They performed very well, it's a really unforgettable memory for all of us. Then, we went back to our barracks and real.

On the next day, after some sleep, we're energetic again. We did "High intensity physical training" in the morning. After that, we played some games like dodgeball in the indoor sports playground. And we got out breakfast! It's the best meal I had in the camp. We did a series of activities in the morning and afternoon. Finally, it's time for us to leave. We're a little reluctant to leave the exchange students, we made friends' together, but we still waved at them and said "Goodbye! Hope to see you!"

In this camp, I have learnt that we have to take responsibility wen we are as a team.





6R Cheung Hoi Chun Benson

My wonderful dream

Last night, I had a wonderful dream. I dreamed that I went to Mars. I went there by rocket.

I got off the rocket and had a walk on Mars when I arrived. Then, I saw two aliens who walked near me. They had three eyes and a big mouth but no nose. Their ears were tiny and in triangular shape. They were thin and looked ugly. However, they were very nice. We walked around Mars and I found that there were no animals and plants on Mars. Then we went to a small house and I believed that it was the home of the aliens. We played the piano and danced together.

Finally, we used a space camera to take some photos.

Although it is not real, I have learnt from my dream that we should not make friends by their appearance. We should make friends by their character and manner to others. And I wish my dream will come true in future!

