In this summer, I had a special vacation in hospital recovering from an injury. The nurses and doctors were very kind and attentive throughout my stay.

It happened during my usual training of gymnastics squared team. I lost my footing and took a bad fall when I was performing the handsprings. I looked down to see my little finger hanging at an odd angle. It was so weird and scary to see it fall out of place. I fractured my little finger and I cried loudly after I noticed it.

The doctors performed a 'close reduction' procedure twice to realign the bones in my little finger. They put my hand in a splint and said I need four to six weeks of rest to fully heal. At first, I was devastated to miss out on training and all the summer activities. But now, I am focusing on my recovery so I can rejoin the squared as soon as possible. It gives me a chance to relax as well.

I am writing this journal with my injured hand and splint on. It takes so much effort!



#### Our P.3 Musical

Today was a super exciting day because we performed our musical! I was one of the narrators. It felt so special to be up on stage.

We started practicing a long time ago. We worked so hard every week in our rehearsals. We practiced singing and some dancing. It was fun to see everyone work together. We laughed a lot and I made some new friends.

Finally, it came to the show time. I felt so nervous and excited at the backstage. When it was my turn to go on stage, I took a deep breath and stepped into it. The audience was watching us. I felt so proud to be part of it. As a narrator, I helped to tell the story. It was so amazing to share the story with the audience.

I learn that 'practice makes perfect' and that the more we practiced, the better we got. Other than that, I knew that how important teamwork is.



One lovely day, my family and I go to the Science Park, we go there by bus.

First, we have a Mental Arithmetic Competition. Then, we walk around the street for a little look.

After that, we go to a shop to buy something to eat because I am hungry.

While we are eating, we watch some TV drama shows. At 12 o'clock, I have a Flash Competition. It is very hard because the numbers flash out quickly.

Later, we have lunch at the restaurant and the food is very yummy. We take a lot of photos.

In the end, I won the Champion at the Mental Arithmetic Competition. I win a big trophy, but I think I can be better because I cannot win the Champion of the Champion. I make a wish, 'I must work hard to win the super big trophy next year.'



I join a meaningful activity during my summer holiday. It is Po Leung Kuk Flag Day on 14th August, 2024. First, my mum and I take out the flag bag and flags. Then, we find an excellent location with many people walking around at 9:00 a.m.

After that, we start selling flags. At the beginning, I am so shy to ask people buying flags. Therefore, my mum encourages me and teaches me the skills. 'Good morning, sir. Would you mind buying a flag?' I ask a man politely. The man smiles at me and inserts the coins into my flag bag. Then, I give him a flag and say thank you. I feel very excited.

Suddenly, it is raining and many people run away. We keep waiting under the tree. When the rain stops, we keep selling flags again.

In the end, we go to the Law's Foundation College and return the flag bag. I get a Certificate of Appreciation and take a photo with our principal Mr. Wong. I am very happy. Taking part in this meaningful activity, I think most people are very kind. What's a wonderful day!



Our school has a Christmas party today. First, we watch amazing shows in the morning such as singing and dancing, little drama and musical performances.

After that we have our Christmas party at 11:15a.m. in our classroom. We hang some streamers there. They are so beautiful. Many parents come and join the party. They bring some food for the party such as cakes, chicken wings, sandwiches, chips and snacks. My mum cooks some curry fish bulls for the party. They are so yummy.

Most classmates bring a Christmas gift back to school to exchange presents. I also prepare a gift for others. Luckily, I get a box of chocolate and I feel so happy. Finally, we take some photos with our class teachers. It is a joyful day!



# A special day

On 25th December, 2024, my family and I visit AIA Carnival and The World Circus in Central.

First, we go to the tent to watch the circus shows. I enjoy them very much, especially "Flying Trapeze" and "Hilarious Clown".

Second, we play some games by using tokens. For example, trampoline, boating and so on. These games are interesting but we need to take a long time to line up.

This Christmas is so unforgettable! We take many photos in carnival. However, we do not have any food or beverages there. We don't have time to take the rides. What a pity!



# My birthday

December 13th was my birthday, it was Friday I went to school like I normally do. My friends gave me gifts. I liked them, my friends were Megan, Kiki, Hailey and another Hailey. I invited Charlotte but sadly she couldn't come. We first played games like Roblox and Slime. Then we had some food. When I saw the food, it looked amazing, there was pizza, lasagna, pasta and bbq food. Our helper even made chocolate marshmallow biscuit cake herself! I told everyone to say thanks to her.

After we finished our dinner, we had desserts. There were brownies and fruit! Yum! Then we went to my room. We opened the gifts and I saw skincare and makeup. I was so happy that screamed too loud. I obviously said thanks! Suddenly, someone told us to eat the cake. We went back to my room. It was fun and all but sadly Hailey had to leave. This is the best b-day ever. I love celebrating my birthday with my beloved friends.



In this summer holiday, I visit Shenzhen several times. I have a very special day there. On that day, I go to the famous spot: Dafen Oil Painting Village.

After I came out from the Shenzhen Metro Station, I can see a lot of shops on the two sides of the street. They are selling many kinds of oil paintings. Some are big, some are small, some are even huge! There are also some booths selling handicrafts. They are amazing!

I make myself a handicraft: a lacquer fan. The white fan is dipped into many mixed colours. When I take the fan out, it becomes an elegant art. I love it very much.

What an unforgettable day! I think I will visit this place again next time.





Yesterday, my parents, sister and I went to Disneyland. That was my first time to Disneyland, so I was very excited about the journey.

We arrived at the entrance very early. Mum and I planned how to spend the time in this trip. I chose some interesting attractions to play. Big Grizzly Mountain Runaway Mine Cars, Jungle River Cruise and Nano Battle.

After a short time, it was my turn to play the Runaway Mine Cars. I became so scared. I wanted to give up. However, my sister and mum encouraged me and say, "Don't worry, it's only a game and it's very safe to ride in the car." Finally, I got into the car and enjoyed the game bravely.

I had a very special day in Disneyland on that day. It was so enjoyable!

I hope I can visit there very soon.



In my summer holiday, I went to Hakkaido with my family. One day, we went to Furano to see a lavender farm.

First, we took a special train called Furano Biei Norokko Train. You can only take this train from June to September. There are a lot of lavender decorations inside the train, which is really beautiful! There are also some seats facing the window, so we can enjoy the scenery outside the window.

When we arrived at Furano Farm, we first bought ice-cream at the door. When we entered, we ate ice-cream while admiring the lavender. We also took photos with the lavender, which was like making friends with the lavender.

This day is my most special day because I saw the beautiful lavender with my family.



### A special day - A school picnic

My class goes on a school picnic in Yuen Long. It is a fun trip. I enjoy spending time together with my classmates.

Before the picnic, my friends and I prepare food together. We make the salad and wash the fruit for the picnic.

On the picnic day, the green fields, blue sky and fresh air makes us feel free and thrilled. When it is lunchtime, we lay out mats on the ground and have our lunch. For example, spaghetti, peaches and egg salad sandwiches. They are delicious so I share them with my friends.

After lunch, we play football, basketball and table tennis, filling the day with joy and laugher.

By the end of the day, I feel excited. It is an awesome picnic. It makes us closer as friends. I will always remember this special day!



### A Snowy land

I went to Snowyland in Shenzhen with my parents during the Christmas holiday! It was amazing because Snowyland kept making fake snow, and we could feel and play in it like a real snowy place.

I played on the long icy slide, the train and the snow slide. I felt very excited! I learned that when I have difficulties. I should keep trying, I was scared before, but I was brave enough to try it afterwards.

At the end of the day, I felt so happy. We took pictures and made snowballs. I can't wait to go back to Snowyland next Christmas.

Chau Tsz Him

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