

Our with the Old, In with the New

Before Chinese New Year, my family and I always clean our house together, we sweep away the dust and tidy the room. This year, I want to do some "spring cleaning" in my heart too. I will leave behind the old habits I don't like, and welcome new better things into my life.

One thing I want to "sweep away" from last year is my bad habit of biting my nails when I feel nervous. Whenever I have a test at school or have to speak in front of the class, my fingers always go to my mouth without me even noticing. My teacher says this is not good for my health, and my nails always look short and messy. I feel embarrassed when people point it out. This year, I want to stop this habit for good.

For the new year, I want to "welcome in" a new habit - waking up on time every day. Last year, I often ignored the alarm in the morning and needed to rush to school without eating breakfast. This made me feel tired and grumpy all day. Now, I will set my alarm 7 minutes earlier and get up right away. I want to start each day calmly, with a good breakfast and enough time to get ready.

One word to describe my new year is *GROWTH*. I want to grow stronger by breaking my bad habits and grow more responsible by waking up on time. I hope this year will be full of happy changes. I wish my family and I have a healthy, happy, and lucky new year!



Before Chinese New Year, we sweep away the dust and throw our old things. This year, I want to leave behind some bad habits and set new goals for the new year.

First, I want to get rid of a bad habit - biting nails. I had this habit since I was a baby. I always bite my nails without realizing it. Although I sometimes realized that I was biting nails, I just couldn't stop it! In the coming year, I will do my best to restrain myself even though I am kind of addicted to it.

Secondly, I want to learn new skills and enrich myself. I learned how to cook egg last year. So, I hope I can learn how to cook pasta in the coming year. I will learn cooking pasta from my helper and cook pasta for my mum on her birthday! Also, I want to enrich my English skills. I am going to set a goal - read ten pages of English book every day. It might seem hard to me as I don't really like English. So, I am going to start with books that are not difficult and books that I have interest in.

At last, I want to use one word to describe my new year. It is "Growth". It is because as I turn to teenage from a kid, I will face more challenges and learn things that I have never exposed to before.



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Firstly, I want to become healthier and fitter so I am going to have a balanced diet. I am going to eat more fruit and vegetables. Last year, I often stayed up late playing games on my smartphone, so I was drowsy the next day. I will go to bed earlier and cut down on my screen time too.

Secondly, I want to improve my exam results. I am weak in Chinese, so I will read more Chinese books. I want to do well in English so I am going to do revision daily and not leave it to the last minute.

Finally, I would describe my new year as "growth" because I just celebrated my birthday in February and I am 11 years old now. I hope I can do better in coming year. I am ready for a challenging year.



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There are a few things I want to "sweep away" this year which is my extremely bad temper and one of my unhealthy habits. One thing I don't do at school is losing my temper, but at home it is completely different. Like one time my sister found out how my magic trick worked before I even performed it, I completely lost it and started screaming at her saying she was no fun and just ran off fuming with anger. Another thing I want to "sweep away" is my habit of playing video games. I often play video games with a range of one to two hours, which is a lot. This year, I want to decrease my screen time to about thirty minutes to one hour to make me focus on my other hobbies and knowledge.

This year, my only wish is to have a happy life with my family without difficulties getting in the way, and even if there is, I know that I will still overcome it.



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It is Chinese New Year. We always clean the house. This year, let's do some "cleaning" in our hearts too.

Last year I had a lot of bad habits, so let's "sweep away" these bad habits. A bad habit I want to leave behind is biting my nails. One day, when I was doing homework, I found a hard question. I gave up instantly. I also compared myself with all my classmates too much. When I felt worried and stressful. I sometimes bit my mails. There was a time I lost my temper at home because my mom asked me to do housework. I hated doing housework because I felt it was dirty. I was afraid to do some washing because they were too dirty. I felt too much worry and anger last year. I didn't delay on assignments but I sometimes delay doing revision.

This year, I am going to "welcome in" some good habits. My new goal is to be more hardworking. I want to learn skiing. I also want to read a book every day. I want to be kinder to my mom by helping her do some housework. I will try my best to overcome my fear of dirtiness and mess. I will forgive Louis who was mean to me last computer lesson. I learn how to forgive others. This year, I want to be braver and more hardworking. I was scared to ride a bicycle by myself before, but this year I want to learn how to ride bicycle. The word that I want to describe my new year is **HARDWORKING**. I want to be more hardworking and get higher marks in the coming exams. I will try all my best to make my personal wishes come true this year.



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Before Chinese New Year, we help our parents clean the house. Beside our house, we always need to do some "spring cleaning" in our hearts too! Let me share mine to you!

I am always afraid to try new things, like last time that I needed to go up the stage to sing but I was afraid, so I told myself I needed to be brave. I said to myself trying new things help us grow. Also, I always cannot control my temper when I am angry. I hope that I can control my temper.

There are two things that I want to welcome. First, I want to learn a new skill like ice skating. I wanted to learn when I was young. Although it is hard, it is a chance to challenge myself and to make me stronger. Second, I want to be kinder this year because I speak to my classmates loudly, so I do not have many friends. I think I can be a better person if I listen to people and try my best to control myself. It hope to make more best friends.

I think this year will be great. It is a new start for me, so I want to be brave, kind and smarter this year! A new start brings new hope! Let's be good this year!

